

2020 **FREE** Monthly Support Groups, Coalitions Meetings, and Programs (updated 1/8/20)

Mondays 1-2 pm **Memories in the Making** – Beaver Dam – 207 N. Spring Street – UnMasked Expressive Therapies – Tami – 920-219-9448

Fridays 10:30-11:30 am **Movement and Music: Parkinson's Disease Exercise** – Watertown – 514 S. 1st Street – Watertown Senior Center – Mary – 414-430-3561 (No groups in January)

1st Monday 8:30-10 am **Grief Support Group** - Johnson Creek – 1225 Remmel Dr. – Rainbow Hospice Care Inpatient – 920-674-6255

1st Monday 1-2:30 pm **Caregiver Support Group** – Portage – 253 W. Edgewater Street – Portage Library – Janet Wiegel – 608-742-9055

1st Monday unless holiday then 2nd Monday 6-7 pm - **Dementia Support Group** – Waupun – 331 Bly St – Christian Home- Chaplain Dennis – 920-324-9051 ext. 127

1st Monday unless holiday then 2nd Monday 6:30-8 pm **NAMI** – Beaver Dam – 700 Gould Street – Moraine Park Technical College room K202 – Kathy – 920-887-1766 ext. 217

1st Tuesday 1-2 pm **Caregiver Support Group** – Juneau – 199 County Road DF – Henry Dodge Office Building – Catherine – 920-386-3580

1st Wednesday 10-11:30 am **Memory Café** - Columbus – 125 N. Dickason Blvd. – Columbus Senior Center – Kim – 920-623-5918.

1st Wednesday 12:30-1:30 pm **Dementia Support Group Early** - Beaver Dam - 1223 Madison St - Trosten Haus- Alyssa 920-904-6705

1st Wednesday 2-3 pm **Parkinson's Support Group** – Portage - 2805 Hunters Trail - Tivoli At Divine Savior Healthcare – Kelli 608-745-5900 (January meeting the 2nd Wednesday due to holiday)

1st Thursday 12:30-2:30 pm **Access to Independence** – Juneau – 199 County Road D F – Henry Dodge Office Building (Room G-51) – Nick – 608-242-8484

2nd Monday 1:30-3 pm **Memory Café** - Hartford- 100 Park Ave- Hartford Library - Tammy 262-335-4497

2nd Monday 6-8 pm **LGBTQ Family/Friends Support Group** – Beaver Dam – 115 N Center St – Church Health Services – TransparentFamilies53916@gmail.com

2nd Tuesday 9-10:30 am (every other month) **Fond du Lac Dementia Care Network** - Fond du Lac – Location differs each month – Alyssa Sommerfeldt – 920-904-6705

2nd Tuesday 1:30-2:30 pm – **Dementia Caregiver Support Group** – Fond du Lac – 420 E. Merrill Ave – Agnesian Adult Day Services – Julie – 920-921-5812

2nd Tuesday 5-6 pm **Dementia Caregiver Support Group** – Ripon – 845 Parkside St - Ripon Medical Center – Jenifer Bunker – 920-745-3757

2nd Wednesday 3-4 pm **Dementia Friendly Dodge/Dementia Concerns Coalition** – Juneau – 199 County Road DF – Henry Dodge Office Building (ADRC) - Rob – 920-386-4308

2nd Wednesday 5:30-6:30 **Diabetes Support Group** –Fort Atkinson – 611 Sherman Avenue East- Fort Memorial Hospital (Classroom A) – Shawn – 920-568-5247

2nd Thursday 10-11:30 am **Dementia Support Group Early to Late** - Columbus - 1515 Park Ave - Columbus Hospital - Janet 608-742-9055

2nd Thursday 1-2 pm **Dementia Caregiver Support** - Juneau – 199 County Road DF – Henry Dodge Building, Room G050 – Jen Fellin - 920-948-4833

2nd Thursday 6-7 pm **Parkinson's Singing and Movement Support Group** - Beaver Dam – 819 S. University Ave – Stone Terrace Apt - Caitlin - 920-887-5998

2nd Thursday 6-7 pm **Cancer Support Group** – Columbus – 1515 Park Ave – Columbus Hospital – Cathy – 920-623-6434

2nd Friday 2:30-4 pm **SPARK!** - Beaver Dam - 207 N. Spring- UnMasked Expressive Therapies - ADRC 920-386-3580

3rd Monday 8:30-10 am **Grief Support Group** - Johnson Creek – 1225 Remmel Dr. – Rainbow Hospice Care Inpatient – 920-674-6255

3rd Monday 2:30-4 pm Rotating **SPARK!** - Juneau - Master Gardeners - 127 E. Oak St. - Admin Building, Beaver Dam – Dance Now! - 344 Rosendale Street, & Horicon – Horicon Marsh - N7725 Hwy 28 - ADRC - 920-386-3580

3rd Monday 6-7 pm **Brain Injury Group** - Juneau – 198 County Road DF – Clearview – Tammy – 920-386-3403

3rd Tuesday 12-1 pm **Community Care Alliance of Jefferson and Dodge Counties**- Johnson Creek – 1225 Remmel Drive – Rainbow Hospice Care Inpatient Center – Mike – 920-723-5613

3rd Wednesday 1-2 pm **Caregiver Support Coalition** – Juneau – 199 County Road DF Room G-46 – Henry Dodge Building - Catherine – 920-386-3259

3rd Wednesday 6-7:30 pm **Frontotemporal Degeneration** - Milwaukee - 620 S. 76 St Suite 160 – Alzheimer's Association – Lynda – 608-931-5651

3rd Thursday 9-11 am **Allies for Substance Abuse Prevention** – Juneau – 127 E. Oak Street, Rooms F&G – ADAP of Dodge County - 920-386-4853

3rd Thursday 8:30-10 am **Watertown Dementia Awareness Coalition** - Watertown – 700 Welsh Road - Heritage Homes – Kamilla – 920-567-2002

4th Tuesday 3:30–4:30 pm **Parkinson's Movement and Dance Class** – Fond du Lac – 151 East 1st Street – Fond du Lac Senior Center – Laurie – 414-386-2305

4th Tuesday 6:30-7:30 pm **Memory Care Support Group** – Fond du Lac – 460 W. Arnet Street- Aselaide Place – Judy Jones –

4th Wednesday 4-5 pm **Dementia Caregiver Support Group** – Watertown – 100 S. Water Street – Watertown Library – Nancy – 920-988-5359

4th Wednesday 5-6 pm **Chronic Pain Support Group** - Beaver Dam - 130 Warren Street – BDCH Warren Street Building Entrance A – Susan – 920-887-4039 ext. 5957

4th Thursday 10-11 am **Memory Café** - Watertown - 700 Welsh Road - Heritage Homes – Kamilla – 920-567-2002

4th Thursday 1-2:30 pm **Memory Café** – Fond du Lac – 32 Sheboygan St. - Fond du Lac Public Library – MaryAnn Lapine – 920-517-0830 (November and December meetings the 3rd Thursday due to holidays)

4th Thursday 3:30-4:30 pm **Fond du Lac Dementia Friendly Communities** – Fond du Lac –151 E. 1st St- Fond du Lac Senior Center – Cathy Loomans – 920-322-3630

4th Thursday 6:30-7:30 pm **Dementia Caregiver Support Group** - Fond du Lac – 151 E. 1st St – Fond du Lac Senior Center – Mary Ann – 920-517-0830 (November and December meetings the 3rd Thursday due to holidays)